



April 30th, 2026

Patient Name
Address line 1
Address line 2
City, State, Zip

Dear Patient Name,

We are writing to inform you of a recent incident involving your personal and medical information.

What Happened

Recently, we discovered that a physician, employed by Family Health Centers of San Diego, sent personal health information to the physician's personal email address.

What Information Was Involved

The information involved may have included your name, medical record number, contact information, date of birth, and medical information.

What We Are Doing

We immediately took steps to address the situation, including shutting down the physician's access to records, terminating the physician's employment with Family Health Centers of San Diego, initiating legal action against the physician to ensure your information is destroyed, and reporting the physician to the Medical Board of California and the California Attorney General. We are also implementing additional safeguards to help prevent this from happening again.

What You Can Do

We recommend that you:

- You visit the State of California Attorney General's identity theft website at www.ag.ca.gov.idtheft.
- Review your explanation of benefits and account statements.



Family Health Centers of San Diego

823 Gateway Center Way, San Diego CA 92102

P: (619) 515-2300 • F: (619) 237-1856 • www.FHCSD.org

"Exceptional in Every Way!"

- Report any suspicious activity
- Consider placing a fraud alert or credit freeze (if applicable).
- Should you wish, Family Health Centers of San Diego will enroll you in a major credit reporting agency for one year at no cost to yourself.

For More Information

If you have questions or wish to be enrolled in a credit reporting service for a year, please contact us:

Chantal Tovar, M.S., Clinic Director

- Phone: (619) 515-2568
- Email: breachnotification@fhcsd.org.
- Address: Family Health Centers of San Diego, 823 Gateway Center Way, San Diego, CA, 92102.

This action is an isolated incident. It does not reflect our values or behavior of the organization, its physicians, and its employees.

Sincerely,

A handwritten signature in black ink, appearing to read "Chantal Tovar".

Chantal Tovar, M.S.
Clinic Director
Chula Vista & Rice FHC