

Charles W. Poss (SBN 325366)  
Environmental Research Center, Inc.  
3111 Camino Del Rio North, Suite 400  
San Diego, CA 92108  
Ph: (619) 500-3090  
Email: charles.poss@erc501c3.org  
Attorney for Plaintiff Environmental Research Center, Inc.

**SUPERIOR COURT OF THE STATE OF CALIFORNIA  
COUNTY OF ALAMEDA**

**ENVIRONMENTAL RESEARCH CENTER,  
INC., a California non-profit corporation**

**Plaintiff,  
vs.**

**GOLDEN ISLES MEDICAL, INC.,  
individually and dba DR. ANNA CABECA  
and dba THE GIRLFRIEND DOCTOR; and  
DOES 1-100**

**Defendants.**

**CASE NO. 25CV156032**

**COMPLAINT FOR INJUNCTIVE  
AND DECLARATORY RELIEF AND  
CIVIL PENALTIES**

[Miscellaneous Civil Complaint (42)]  
Proposition 65, Health & Safety Code  
Section 25249.5 et seq.]

Plaintiff Environmental Research Center, Inc. hereby alleges:

**I**

**INTRODUCTION**

1. Plaintiff Environmental Research Center, Inc. (hereinafter "Plaintiff" or "ERC") brings this action as a private attorney general enforcer and in the public interest pursuant to Health & Safety Code section 25249.7, subdivision (d). The Safe Drinking Water and Toxic Enforcement Act of 1986 (Health & Safety Code section 25249.5 *et seq.*) also known as "Proposition 65," mandates that businesses with ten or more employees must provide a "clear and reasonable warning" prior to exposing any individual to a chemical known to the state to cause cancer or

1 reproductive toxicity. Lead, cadmium, and perfluorooctanoic acid (PFOA) are chemicals  
2 known to the State of California to cause cancer and/or birth defects, and other reproductive  
3 harm. This Complaint seeks injunctive and declaratory relief and civil penalties to remedy the  
4 ongoing failure of Defendant Golden Isles Medical, Inc., individually and dba Dr. Anna Cabeca  
5 and dba The Girlfriend Doctor (“Golden Isles Medical”) and Does 1-100 (hereinafter  
6 individually referred to as “Defendant” or collectively as “Defendants”), to warn consumers that  
7 they have been exposed to lead and/or cadmium and/or PFOA from a number of Golden Isles  
8 Medical’s nutritional health products as set forth in paragraph 3 at levels exceeding the  
9 applicable Maximum Allowable Dose Level (“MADL”) and requiring a warning pursuant to  
10 Health & Safety Code section 25249.6.

## 11 II

### 12 PARTIES

13 2. Plaintiff ERC is a California non-profit corporation dedicated to, among other causes,  
14 helping safeguard the public from health hazards by reducing the use and misuse of hazardous  
15 and toxic chemicals, facilitating a safe environment for consumers and employees, and  
16 encouraging corporate responsibility.

17 3. Defendant Golden Isles Medical is a business that develops, manufactures, markets,  
18 distributes, and/or sells nutritional health products that have exposed users to lead and/or  
19 cadmium and/or PFOA in the State of California within the relevant statute of limitations  
20 period. These “SUBJECT PRODUCTS” (as identified in the Notice of Violation dated  
21 September 11, 2025 attached hereto as **Exhibit A**) are: (1) The Girlfriend Doctor Dr. Anna  
22 Cabeca Mighty Maca Plus Superfood Drink Mix (lead), (2) The Girlfriend Doctor Dr. Anna  
23 Cabeca Keto-Alkaline Protein Shake Fortifying Vanilla Protein Shake (lead), (3) The Girlfriend  
24 Doctor Dr. Anna Cabeca Keto-Green Plant-Based Protein Shake All-In-One Revitalizing Meal  
25 Replacement Chocolate (lead, cadmium), (4) The Girlfriend Doctor Dr. Anna Cabeca Mighty  
26 Maca Plus 30 Superfoods Energy Vitality Stamina Drink Mix (lead), and (5) The Girlfriend  
27 Doctor Dr. Anna Cabeca Keto-Green Plant Based Protein Shake with MCT Oil All-In-One  
28 Revitalizing Meal Replacement Chocolate (PFOA). Defendant Golden Isles Medical, Inc.,

1 individually and dba Dr. Anna Cabeca and dba The Girlfriend Doctor is a company subject to  
2 Proposition 65 as it employs ten or more persons and has employed ten or more persons at all  
3 times relevant to this action.

4 4. Defendants Does 1-100, are named herein under fictitious names, as their true names  
5 and capacities are unknown to ERC. ERC is informed and believes, and thereon alleges, that  
6 each of said Does is responsible, in some actionable manner, for the events and happenings  
7 hereinafter referred to, either through said Does' conduct, or through the conduct of its agents,  
8 servants or employees, or in some other manner, causing the harms alleged by ERC in this  
9 Complaint. When said true names and capacities of Does are ascertained, ERC will seek leave  
10 to amend this Complaint to set forth the same.

### 11 III

#### 12 JURISDICTION AND VENUE

13 5. This Court has jurisdiction pursuant to California Constitution Article VI, Section 10,  
14 which grants the Superior Court original jurisdiction in all causes except those given by statute  
15 to other trial courts. The statute under which this action is brought does not specify any other  
16 basis for jurisdiction.

17 6. This Court has jurisdiction over Golden Isles Medical because Golden Isles Medical has  
18 sufficient minimum contacts with California, and otherwise intentionally avails itself of the  
19 California market through the marketing, distribution, and/or sale of the SUBJECT  
20 PRODUCTS in the State of California so as to render the exercise of jurisdiction over it by the  
21 California courts consistent with traditional notions of fair play and substantial justice.

22 7. The Complaint is based on allegations contained in the Notice of Violation dated  
23 September 11, 2025, served on the California Attorney General, other public enforcers, and  
24 Golden Isles Medical. The Notice of Violation constitutes adequate notice to Golden Isles  
25 Medical because it provided adequate information to allow Golden Isles Medical to assess the  
26 nature of the alleged violations, consistent with Proposition 65 and its implementing  
27 regulations. A certificate of merit and a certificate of service accompanied each copy of the  
28 Notice of Violation, and both certificates comply with Proposition 65 and its implementing

1 regulations. The Notice of Violation served on Golden Isles Medical also included a copy of  
2 “The Safe Drinking Water and Toxic Enforcement Act of 1986 (Proposition 65): A Summary.”  
3 Service of the Notice of Violation and accompanying documents complied with Proposition 65  
4 and its implementing regulations. Attached hereto as **Exhibit A** is a true and correct copy of the  
5 Notice of Violation and associated documents. More than 60 days have passed since ERC  
6 mailed the Notice of Violation and no public enforcement entity has filed a Complaint in this  
7 case.

8 8. This Court is the proper venue for the action because the causes of action have arisen in  
9 the County of Alameda where some of the violations of law have occurred, and will continue to  
10 occur, due to the ongoing sale of Golden Isles Medical’s products. Furthermore, venue is  
11 proper in this Court under Code of Civil Procedure section 395.5 and Health & Safety Code  
12 section 25249.7.

#### 13 IV

#### 14 **STATUTORY BACKGROUND**

15 9. The Safe Drinking Water and Toxic Enforcement Act of 1986 is an initiative statute  
16 passed as “Proposition 65” by an overwhelming majority vote of the people in November of  
17 1986.

18 10. The warning requirement of Proposition 65 is contained in Health & Safety Code  
19 section 25249.6, which provides:

20 No person in the course of doing business shall knowingly and  
21 intentionally expose any individual to a chemical known to the state to  
22 cause cancer or reproductive toxicity without first giving clear and  
23 reasonable warning to such individual, except as provided in Section  
24 25249.10.

25 11. The Office of Environmental Health Hazard Assessment (“OEHHA”), a division of Cal  
26 EPA, is the lead agency in charge of the implementation of Proposition 65. OEHHA  
27 administers the Proposition 65 program and administers regulations that govern Proposition 65  
28 in general, including warnings to comply with the statute. The warning regulations are found at  
Title 27 of the California Code of Regulations, Article 6. The regulations define expose as “to

1 cause to ingest, inhale, contact via body surfaces or otherwise come into contact with a listed  
2 chemical. An individual may come into contact with a listed chemical through water, air, food,  
3 consumer products and any other environmental exposure as well as occupational exposures.”  
4 (Cal. Code Regs., tit. 27, § 25102, subd. (i).)

5 12. In this case, the exposures are caused by consumer products. A consumer product is  
6 defined as “any article, or component part thereof, including food, that is produced, distributed,  
7 or sold for the personal use, consumption or enjoyment of a consumer.” (Cal. Code Regs., tit.  
8 27, § 25600.1, subd. (d).) Food “includes ‘dietary supplements’ as defined in California Code  
9 of Regulations, title 17, section 10200.” (*Id.* at subd. (g).) A consumer product exposure is “an  
10 exposure that results from a person’s acquisition, purchase, storage, consumption, or any  
11 reasonably foreseeable use of a consumer product, including consumption of a food.” (*Id.* at  
12 subd. (e).)

13 13. On August 30, 2016, the Office of Administrative Law approved the adoption of  
14 OEHHA’s amendments to Article 6, Clear and Reasonable Warnings of the California Code of  
15 Regulations. This action repealed virtually all of the regulatory provisions of Title 27 of the  
16 California Code of Regulations, Article 6 (sections 25601 *et seq.*) and replaced the repealed  
17 sections with new regulations set forth in two new Subarticles to Article 6 that became  
18 operative on August 30, 2018 (the “New Warning Regulations”). The New Warning  
19 Regulations provide, among other things, methods of transmission and content of warnings  
20 deemed to comply with Proposition 65. Golden Isles Medical is subject to the warning  
21 requirements set forth in the New Warning Regulations that became operative on August 30,  
22 2018.

23 14. Health & Safety Code section 25249.6 provides that “No person in the course of doing  
24 business shall knowingly and intentionally expose any individual to a chemical known to the  
25 state to cause cancer or reproductive toxicity without first giving clear and reasonable warning  
26 to such individual . . . .” The New Warning Regulations apply when clear and reasonable  
27 warnings are required under Section 25249.6. Pursuant to the New Warning Regulations,  
28 consumer product warnings “must be prominently displayed on a label, labeling, or sign, and

1 must be displayed with such conspicuousness as compared with other words, statements,  
2 designs or devices on the label, labeling, or sign, as to render the warning likely to be seen,  
3 read, and understood by an ordinary individual under customary conditions of purchase or use.”  
4 (*Id.* at § 25601, subd. (c).)

5 15. Proposition 65 establishes a procedure by which the State is to develop a list of  
6 chemicals “known to the State to cause cancer or reproductive toxicity.” (Health & Safety Code,  
7 § 25249.8.) There is no duty to provide a clear and reasonable warning until 12-months after  
8 the chemical is published on the State list. (Health & Safety Code, § 25249.10, subd. (b).)

9 16. Lead was listed as a chemical known to the State of California to cause developmental  
10 toxicity in the fetus and male and female reproductive toxicity on February 27, 1987. Lead was  
11 listed as a chemical known to the State of California to cause cancer on October 1, 1992.  
12 (OEHHA Chemicals Considered or Listed Under Proposition 65 -

13 <https://oehha.ca.gov/proposition-65/chemicals/lead-and-lead-compounds>.) The MADL for lead  
14 as a chemical known to cause reproductive toxicity is 0.5 micrograms per day. (Cal. Code  
15 Regs., tit. 27, §25805, subd. (b).) The No Significant Risk Level for lead as a carcinogen is 15  
16 micrograms per day. (Cal. Code Regs., tit. 27, §25705, subd. (b).)

17 17. Perfluorooctanoic acid (PFOA) was listed as a chemical known to the State of California  
18 to cause development toxicity on November 10, 2017. On February 25, 2022, the State of  
19 California officially listed perfluorooctanoic acid (PFOA) as a chemical known to cause cancer  
20 (OEHHA Chemicals Considered or Listed Under Proposition 65 -  
21 <https://oehha.ca.gov/proposition-65/chemicals/perfluorooctanoic-acid-pfoa-and-its-salts>).

22 18. Cadmium was officially listed as a chemical known to cause developmental toxicity and  
23 male reproductive toxicity on May 1, 1997, while cadmium and cadmium compounds were  
24 listed as chemicals known to the State of California to cause cancer on October 1, 1987. (State  
25 of California EPA OEHHA Safe Drinking Water and Toxic Enforcement Act of 1986  
26 Chemicals Known to the State to Cause Cancer and Reproductive Toxicity.) The MADL for  
27 cadmium as a chemical known to cause reproductive toxicity is 4.1 micrograms per day. (Cal.  
28 Code Regs., tit. 27, §25805, subd. (b).)

1 19. Proposition 65 provides that any person “violating or threatening to violate” Proposition  
2 65 may be enjoined in any court of competent jurisdiction. (Health & Safety Code, §25249.7,  
3 subd. (a).) To “threaten to violate” means “to create a condition in which there is a substantial  
4 probability that a violation will occur.” (Health & Safety Code, § 25249.11, subd. (e).)  
5 Furthermore, violators are subject to a civil penalty of up to \$2,500 per day for each violation.  
6 (Health & Safety Code, § 25249.7, subd. (b)(1).)

7 20. Proposition 65 may be enforced by any person in the public interest who provides notice  
8 sixty days before filing suit to both the violator and designated law enforcement officials. The  
9 failure of law enforcement officials to file a timely Complaint enables a citizen suit to be filed  
10 pursuant to Health & Safety Code section 25249.7, subdivisions (c) and (d).

11 **V**

12 **STATEMENT OF FACTS**

13 21. Golden Isles Medical has developed, manufactured, marketed, distributed, and/or sold  
14 the SUBJECT PRODUCTS containing lead and/or cadmium and/or PFOA into the State of  
15 California, including into Alameda County. Consumption of the SUBJECT PRODUCTS  
16 according to the directions and/or recommendations provided for said products causes  
17 consumers to be exposed to lead at levels exceeding the 0.5 micrograms per day MADL and/or  
18 to be exposed to cadmium at levels exceeding the 4.1 micrograms per day MADL and/or to be  
19 exposed to PFOA and requiring a warning. Consumers have been ingesting these products for  
20 many years, without any knowledge of their exposure to these very dangerous chemicals.

21 22. For many years, Golden Isles Medical has knowingly and intentionally exposed  
22 numerous persons to lead and/or cadmium and/or PFOA without providing any type of  
23 Proposition 65 warning. Prior to ERC’s Notice of Violation and this Complaint, Golden Isles  
24 Medical failed to provide a warning on the labels of the SUBJECT PRODUCTS or provide any  
25 other legally acceptable warning. Golden Isles Medical has, at all times relevant hereto, been  
26 aware that the SUBJECT PRODUCTS contained lead and/or cadmium and/or PFOA and that  
27 persons using these products have been exposed to these chemicals. Golden Isles Medical has  
28 been aware of the presence of lead and/or cadmium and/or PFOA in the SUBJECT

1 PRODUCTS and has failed to disclose the presence of these chemicals to the public, who  
2 undoubtedly believe they have been ingesting totally healthy and pure products pursuant to the  
3 company's statements.

4 23. Both prior and subsequent to ERC's Notice of Violation, Golden Isles Medical failed to  
5 provide consumers of the SUBJECT PRODUCTS with a clear and reasonable warning that they  
6 have been exposed to chemicals known to the State of California to cause cancer and/or birth  
7 defects and other reproductive harm. This failure to warn is ongoing.

8 **FIRST CAUSE OF ACTION**  
9 **(Violation of Section 25249.6 of the Health and Safety Code, Failure to Provide Clear and**  
10 **Reasonable Warning under Proposition 65)**

11 24. ERC refers to paragraphs 1-23, inclusive, and incorporates them herein by this  
12 reference.

13 25. By committing the acts alleged above, Golden Isles Medical has, in the course of doing  
14 business, knowingly and intentionally exposed users of the SUBJECT PRODUCTS to lead  
15 and/or cadmium and/or PFOA, chemicals known to the State of California to cause cancer  
16 and/or birth defects, and other reproductive harm, without first giving clear and reasonable  
17 warning to such individuals within the meaning of Health & Safety Code section 25249.6. In  
18 doing so, Golden Isles Medical has violated Health & Safety Code section 25249.6 and  
19 continues to violate the statute with each successive sale of the SUBJECT PRODUCTS.

20 26. Said violations render Golden Isles Medical liable for civil penalties, up to \$2,500 per  
21 day for each violation, and subject Golden Isles Medical to injunction.

22 **SECOND CAUSE OF ACTION**  
23 **(Declaratory Relief)**

24 27. ERC refers to paragraphs 1-26, inclusive, and incorporates them herein by this  
25 reference.

26 28. There exists an actual controversy relating to the legal rights and duties of the Parties,  
27 within the meaning of Code of Civil Procedure section 1060, between ERC and Golden Isles  
28 Medical, concerning whether Golden Isles Medical has exposed individuals to chemicals known



1 to the State of California to cause cancer and/or birth defects, and other reproductive harm  
2 without providing clear and reasonable warning.

3 **VI**

4 **PRAYER**

5 WHEREFORE ERC prays for relief as follows:

6 1. On the First Cause of Action, for civil penalties for each and every violation according  
7 to proof;

8 2. On the First Cause of Action, and pursuant to Health & Safety Code section 25249.7,  
9 subdivision (a), for such temporary restraining orders, preliminary and permanent injunctive  
10 orders, or other orders as are necessary to prevent Golden Isles Medical from exposing persons  
11 to lead and/or cadmium and/or PFOA without providing clear and reasonable warning;

12 3. On the Second Cause of Action, for a declaratory judgment pursuant to Code of Civil  
13 Procedure section 1060 declaring that Golden Isles Medical has exposed individuals to lead  
14 and/or cadmium and/or PFOA without providing clear and reasonable warning; and

15 4. On all Causes of Action, for reasonable attorneys' fees pursuant to Code of Civil  
16 Procedure section 1021.5 or the substantial benefit theory;

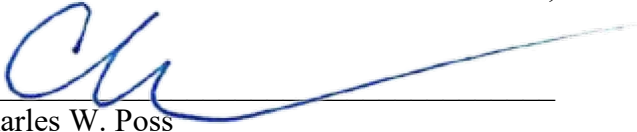
17 5. For costs of suit herein; and

18 6. For such other relief as the Court may deem just and proper.

19 ///

20 DATED: November 21, 2025

ENVIRONMENTAL RESEARCH CENTER, INC.

21   
22 \_\_\_\_\_  
23 Charles W. Poss  
24 Attorney for Plaintiff Environmental Research Center,  
25 Inc.  
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# EXHIBIT A



## **Environmental Research Center**

3111 Camino Del Rio North, Suite 400  
San Diego, CA 92108  
619-500-3090

September 11, 2025

### **NOTICE OF VIOLATIONS OF CALIFORNIA HEALTH & SAFETY CODE SECTION 25249.5 *ET SEQ.* (PROPOSITION 65)**

Dear Alleged Violator and the Appropriate Public Enforcement Agencies:

I am the In-House Counsel for Environmental Research Center, Inc. (“ERC”). ERC is a California non-profit corporation dedicated to, among other causes, helping safeguard the public from health hazards by bringing about a reduction in the use and misuse of hazardous and toxic chemicals, facilitating a safe environment for consumers and employees, and encouraging corporate responsibility.

ERC has identified violations of California’s Safe Drinking Water and Toxic Enforcement Act of 1986 (“Proposition 65”), which is codified at California Health & Safety Code §25249.5 *et seq.*, with respect to the products identified below. These violations have occurred and continue to occur because the alleged Violator identified below failed to provide required clear and reasonable warnings with these products. This letter serves as a notice of these violations to the alleged Violator and the appropriate public enforcement agencies. Pursuant to Section 25249.7(d) of the statute, ERC intends to file a private enforcement action in the public interest 60 days after effective service of this notice unless the public enforcement agencies have commenced and are diligently prosecuting an action to rectify these violations.

**General Information about Proposition 65.** A copy of a summary of Proposition 65, prepared by the Office of Environmental Health Hazard Assessment, is attached with the copy of this letter served to the alleged Violator identified below.

**Alleged Violator.** The name of the company covered by this notice that violated Proposition 65 (hereinafter the “Violator”) is:

**Golden Isles Medical, Inc., individually and dba Dr. Anna Cabeca and dba The Girlfriend Doctor**

**Consumer Products and Listed Chemicals.** The products that are the subject of this notice and the chemicals in those products identified as exceeding allowable levels are:

- 1. The Girlfriend Doctor Dr. Anna Cabeca Mighty Maca Plus Superfood Drink Mix - Lead**

2. **The Girlfriend Doctor Dr. Anna Cabeca Keto-Alkaline Protein Shake Fortifying Vanilla Protein Shake - Lead**
3. **The Girlfriend Doctor Dr. Anna Cabeca Keto-Green Plant-Based Protein Shake All-In-One Revitalizing Meal Replacement Chocolate – Lead, Cadmium**
4. **The Girlfriend Doctor Dr. Anna Cabeca Mighty Maca Plus 30 Superfoods Energy Vitality Stamina Drink Mix – Lead**
5. **The Girlfriend Doctor Dr. Anna Cabeca Keto-Green Plant Based Protein Shake with MCT Oil All-In-One Revitalizing Meal Replacement Chocolate - Perfluorooctanoic Acid (PFOA)**

On February 27, 1987, the State of California officially listed lead as a chemical known to cause developmental toxicity, and male and female reproductive toxicity. On October 1, 1992, the State of California officially listed lead and lead compounds as chemicals known to cause cancer.

Cadmium was officially listed as a chemical known to cause developmental toxicity and male reproductive toxicity on May 1, 1997, while cadmium and cadmium compounds were listed as chemicals known to the State of California to cause cancer on October 1, 1987.

On November 10, 2017, the State of California officially listed Perfluorooctanoic Acid (PFOA) as a chemical known to cause developmental toxicity. On February 25, 2022, the State of California officially listed Perfluorooctanoic Acid (PFOA) as a chemical known to cause cancer.

It should be noted that ERC may continue to investigate other products that may reveal further violations and result in subsequent notices of violations.

**Route of Exposure.** The consumer exposures that are the subject of this notice result from the recommended use of these products. Consequently, the route of exposure to these chemicals has been and continues to be through ingestion.

**Approximate Time Period of Violations.** Ongoing violations have occurred every day since at least September 11, 2022, as well as every day since the products were introduced into the California marketplace and will continue every day until clear and reasonable warnings are provided to product purchasers and users or until these known toxic chemicals are either removed from or reduced to allowable levels in the products. Proposition 65 requires that a clear and reasonable warning be provided prior to exposure to the identified chemicals. The method of warning should be a warning that appears on the product label. The Violator violated Proposition 65 because it failed to provide persons ingesting these products with appropriate warnings that they are being exposed to these chemicals.

Consistent with the public interest goals of Proposition 65 and a desire to have these ongoing violations of California law quickly rectified, ERC is interested in seeking a constructive resolution of this matter that includes an enforceable written agreement by the Violator to: (1) reformulate the identified products so as to eliminate further exposures to the identified chemicals, or provide appropriate warnings on the labels of these products; (2) pay an appropriate civil penalty; and (3) provide clear and reasonable warnings compliant with

September 11, 2025

Page 3

Proposition 65 to all persons located in California who purchased the above products in the last three years. Such a resolution will prevent further unwarned consumer exposures to the identified chemicals, as well as expensive and time-consuming litigation.

Please direct all questions concerning this notice to my attention, or Chris Heptinstall, Executive Director of ERC, at the above listed address and telephone number.

Sincerely,



---

Charles Poss  
In-House Counsel  
Environmental Research Center

Attachments

Certificate of Merit

Certificate of Service

OEHHA Summary (to Golden Isles Medical, Inc., individually and dba Dr. Anna Cabece and dba The Girlfriend Doctor and its Registered Agent for Service of Process only)

Additional Supporting Information for Certificate of Merit (to AG only)

**CERTIFICATE OF MERIT**

**Health and Safety Code Section 25249.7 (d)**

**Re: Environmental Research Center, Inc.'s Notice of Proposition 65 Violations by Golden Isles Medical, Inc., individually and dba Dr. Anna Cabeca and dba The Girlfriend Doctor**

I, Charles Poss, hereby declare:

1. This Certificate of Merit accompanies the attached sixty-day notice(s) in which it is alleged the parties identified in the notices have violated Health and Safety Code section 25249.6 by failing to provide clear and reasonable warnings.

2. I am the attorney for the noticing party, Environmental Research Center.

3. I have consulted with one or more persons with relevant and appropriate experience or expertise who has reviewed facts, studies, or other data regarding the alleged exposure to the listed chemicals that are the subject of the action.

4. Based on the information obtained through those consultations, and on all other information in my possession, I believe there is a reasonable and meritorious case for the private action. I understand that "reasonable and meritorious case for the private action" means that the information provides a credible basis that all elements of the plaintiffs' case can be established and the information did not prove that the alleged violators will be able to establish any of the affirmative defenses set forth in the statute.

5. The copy of this Certificate of Merit served on the Attorney General attaches to it factual information sufficient to establish the basis for this certificate, including the information identified in Health and Safety Code section 25249.7(h)(2), i.e., (1) the identity of the persons consulted with and relied on by the certifier, and (2) the facts, studies, or other data reviewed by those persons.



Dated: September 11, 2025

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Charles Poss

**CERTIFICATE OF SERVICE PURSUANT TO 27 CCR § 25903**

I, the undersigned, declare under penalty of perjury under the laws of the State of California that the following is true and correct:

I am a citizen of the United States and over the age of 18 years of age. My business address is 306 Joy Street, Fort Oglethorpe, Georgia 30742. I am a resident or employed in the county where the mailing occurred. The envelope or package was placed in the mail at Fort Oglethorpe, Georgia.

On September 11, 2025, between 8:00 a.m. and 5:00 p.m. Eastern Time, I served the following documents: **NOTICE OF VIOLATIONS OF CALIFORNIA HEALTH & SAFETY CODE §25249.5 ET SEQ.; CERTIFICATE OF MERIT; “THE SAFE DRINKING WATER AND TOXIC ENFORCEMENT ACT OF 1986 (PROPOSITION 65): A SUMMARY”** on the following parties by placing a true and correct copy thereof in a sealed envelope, addressed to each of the parties listed below and depositing it in a U.S. Postal Service Office with the postage fully prepaid for delivery by Certified Mail:

Dr. Anna M. Cabeca, Chief Executive Officer  
or Current President or CEO  
Golden Isles Medical, Inc., individually and  
dba Dr. Anna Cabeca and dba The Girlfriend Doctor  
134 Indigo Drive  
Brunswick, GA 31525

Amanda Bivens  
(Registered Agent for Golden Isles  
Medical, Inc., individually and dba  
Dr. Anna Cabeca and dba The Girlfriend  
Doctor)  
134 Indigo Drive  
Brunswick, GA 31525

On September 11, 2025, between 8:00 a.m. and 5:00 p.m. Eastern Time, I verified the following documents **NOTICE OF VIOLATIONS, CALIFORNIA HEALTH & SAFETY CODE §25249.5 ET SEQ.; CERTIFICATE OF MERIT; ADDITIONAL SUPPORTING INFORMATION FOR CERTIFICATE OF MERIT AS REQUIRED BY CALIFORNIA HEALTH & SAFETY CODE §25249.7(d)(1)** were served on the following party when a true and correct copy thereof was uploaded on the California Attorney General’s website, which can be accessed at <https://oag.ca.gov/prop65/add-60-day-notice> :

Office of the California Attorney General  
Prop 65 Enforcement Reporting  
1515 Clay Street, Suite 2000  
Post Office Box 70550  
Oakland, CA 94612-0550

On September 11, 2025, between 8:00 a.m. and 5:00 p.m. Eastern Time, verified the following documents **NOTICE OF VIOLATIONS, CALIFORNIA HEALTH & SAFETY CODE §25249.5 ET SEQ.; CERTIFICATE OF MERIT** were served on the following parties when a true and correct copy thereof was sent via electronic mail to each of the parties listed below:

Royl Roberts, Interim District Attorney  
Alameda County  
7677 Oakport Street, Suite 650  
Oakland, CA 94621  
[CEPDProp65@acgov.org](mailto:CEPDProp65@acgov.org)

Stacey Grassini, Deputy District Attorney  
Contra Costa County  
900 Ward Street  
Martinez, CA 94553  
[sgrassini@contracostada.org](mailto:sgrassini@contracostada.org)

Barbara Yook, District Attorney  
Calaveras County  
891 Mountain Ranch Road  
San Andreas, CA 95249  
[Prop65Env@co.calaveras.ca.us](mailto:Prop65Env@co.calaveras.ca.us)

James Clinchard, Assistant District Attorney  
El Dorado County  
778 Pacific Street  
Placerville, CA 95667  
[EDCDAPROP65@edcda.us](mailto:EDCDAPROP65@edcda.us)

Notice of Violations of California Health & Safety Code §25249.5 *et seq.*

September 11, 2025

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Lisa A. Smittcamp, District Attorney  
Fresno County  
2100 Tulare Street  
Fresno, CA 93721  
consumerprotection@fresnocountyca.gov

Thomas L. Hardy, District Attorney  
Inyo County  
168 North Edwards Street  
Independence, CA 93526  
inyoda@inyocounty.us

Devin Chandler, Program Coordinator  
Lassen County  
2950 Riverside Dr  
Susanville, CA 96130  
dchandler@co.lassen.ca.us

Lori E. Frugoli, District Attorney  
Marin County  
3501 Civic Center Drive, Suite 145  
San Rafael, CA 94903  
consumer@marincounty.org

Walter W. Wall, District Attorney  
Mariposa County  
P.O. Box 730  
Mariposa, CA 95338  
mcda@mariposacounty.org

Kimberly Lewis, District Attorney  
Merced County  
550 West Main St  
Merced, CA 95340  
Prop65@countyofmerced.com

Jeannine M. Pacioni, District Attorney  
Monterey County  
1200 Aguajito Road  
Monterey, CA 93940  
Prop65DA@co.monterey.ca.us

Allison Haley, District Attorney  
Napa County  
1127 First Street, Ste C  
Napa, CA 94559  
CEPD@countyofnapa.org

Clifford H. Newell, District Attorney  
Nevada County  
201 Commercial St  
Nevada City, CA 95959  
DA.Prop65@co.nevada.ca.us

Todd Spitzer, District Attorney  
Orange County  
300 N Flower St  
Santa Ana, CA 92703  
Prop65notice@ocdapa.org

Morgan Briggs Gire, District Attorney  
Placer County  
10810 Justice Center Drive  
Roseville, CA 95678  
Prop65@placer.ca.gov

David Hollister, District Attorney  
Plumas County  
520 Main St  
Quincy, CA 95971  
davidhollister@countyofplumas.com

Paul E. Zellerbach, District Attorney  
Riverside County  
3072 Orange Street  
Riverside, CA 92501  
Prop65@rivcoda.org

Anne Marie Schubert, District Attorney  
Sacramento County  
901 G Street  
Sacramento, CA 95814  
Prop65@sacda.org

Summer Stephan, District Attorney  
San Diego County  
330 West Broadway  
San Diego, CA 92101  
SanDiegoDAProp65@sdcdca.org

Mark Ankcorn, Deputy City Attorney  
San Diego City Attorney  
1200 Third Avenue  
San Diego, CA 92101  
CityAttyProp65@sandiego.gov

Alexandra Grayner, Assistant District Attorney  
San Francisco District Attorney's Office  
350 Rhode Island Street  
San Francisco, CA 94103  
Alexandra.grayner@sfgov.org

Henry Lifton, Deputy City Attorney  
San Francisco City Attorney  
1390 Market Street, 7th Floor  
San Francisco, CA 94102  
Prop65@sfcityatty.org



Notice of Violations of California Health & Safety Code §25249.5 *et seq.*

September 11, 2025

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Tori Verber Salazar, District Attorney  
San Joaquin County  
222 E. Weber Avenue, Room 202  
Stockton, CA 95202  
DAConsumer.Environmental@sjcda.org

Jeffrey S. Rosell, District Attorney  
Santa Cruz County  
701 Ocean Street  
Santa Cruz, CA 95060  
Prop65DA@santacruzcounty.us

Eric J. Dobroth, Deputy District Attorney  
San Luis Obispo County  
County Government Center Annex, 4<sup>th</sup> Floor  
San Luis Obispo, CA 93408  
edobroth@co.slo.ca.us

Carla Rodriguez, District Attorney  
Sonoma County  
600 Administration Dr, Rm 212  
Santa Rosa CA 95403  
ECLD@sonoma-county.org

Christopher Dalbey, Deputy District Attorney  
Santa Barbara County  
1112 Santa Barbara Street  
Santa Barbara, CA 93101  
DAProp65@co.santa-barbara.ca.us

Phillip J. Cline, District Attorney  
Tulare County  
221 S Mooney Blvd  
Visalia, CA 95370  
Prop65@co.tulare.ca.us

Bud Porter, Supervising Deputy District Attorney  
Santa Clara County  
70 W Hedding St  
San Jose, CA 95110  
EPU@da.sccgov.org

Gregory D. Totten, District Attorney  
Ventura County  
800 S Victoria Ave  
Ventura, CA 93009  
daspecialops@ventura.org

Nora V. Frimann, City Attorney  
Santa Clara City Attorney  
200 E. Santa Clara Street, 16<sup>th</sup> Floor  
San Jose, CA 96113  
Proposition65notices@sanjoseca.gov

Jeff W. Reisig, District Attorney  
Yolo County  
301 Second Street  
Woodland, CA 95695  
cfepd@yolocounty.org

On September 11, 2025, between 8:00 a.m. and 5:00 p.m. Eastern Time, I served the following documents:  
**NOTICE OF VIOLATIONS, CALIFORNIA HEALTH & SAFETY CODE §25249.5 ET SEQ.;**  
**CERTIFICATE OF MERIT** on each of the parties on the Service List attached hereto by placing a true and correct copy thereof in a sealed envelope, addressed to each of the parties on the Service List attached hereto, and depositing it with the U.S. Postal Service with the postage fully prepaid for delivery by First Class Mail.

Executed on September 11, 2025, in Fort Oglethorpe, Georgia.

  
Debra Wright

Notice of Violations of California Health & Safety Code §25249.5 *et seq.*

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**Service List**

District Attorney, Alpine  
County  
P.O. Box 248  
17300 Hwy 89  
Markleeville, CA 96120

District Attorney, Amador  
County  
708 Court Street, Suite 202  
Jackson, CA 95642

District Attorney, Butte  
County  
25 County Center Drive, Suite  
245  
Oroville, CA 95965

District Attorney, Colusa  
County  
310 6<sup>th</sup> St  
Colusa, CA 95932

District Attorney, Del Norte  
County  
450 H Street, Room 171  
Crescent City, CA 95531

District Attorney, Glenn  
County  
Post Office Box 430  
Willows, CA 95988

District Attorney, Humboldt  
County  
825 5th Street 4<sup>th</sup> Floor  
Eureka, CA 95501

District Attorney, Imperial  
County  
940 West Main Street, Ste 102  
El Centro, CA 92243

District Attorney, Kern County  
1215 Truxtun Avenue  
Bakersfield, CA 93301

District Attorney, Kings  
County  
1400 West Lacey Boulevard  
Hanford, CA 93230

District Attorney, Lake County  
255 N. Forbes Street  
Lakeport, CA 95453

District Attorney, Los Angeles  
County  
Hall of Justice  
211 West Temple St., Ste 1200  
Los Angeles, CA 90012

District Attorney, Madera  
County  
300 South G Street, Ste 300  
Madera, CA 93637

District Attorney, Mendocino  
County  
Post Office Box 1000  
Ukiah, CA 95482

District Attorney, Modoc  
County  
204 S Court Street, Room 202  
Alturas, CA 96101-4020

District Attorney, Mono  
County  
Post Office Box 617  
Bridgeport, CA 93517

District Attorney, San Benito  
County  
419 Fourth Street, 2nd Floor  
Hollister, CA 95023

District Attorney, San  
Bernardino County  
303 West Third Street  
San Bernadino, CA 92415

District Attorney, San Mateo  
County  
400 County Ctr., 3rd Floor  
Redwood City, CA 94063

District Attorney, Shasta  
County  
1355 West Street  
Redding, CA 96001

District Attorney, Sierra  
County  
Post Office Box 457  
100 Courthouse Square, 2<sup>nd</sup>  
Floor  
Downieville, CA 95936

District Attorney, Siskiyou  
County  
Post Office Box 986  
Yreka, CA 96097

District Attorney, Solano  
County  
675 Texas Street, Ste 4500  
Fairfield, CA 94533

District Attorney, Stanislaus  
County  
832 12th Street, Ste 300  
Modesto, CA 95354

District Attorney, Sutter  
County  
463 2<sup>nd</sup> Street  
Yuba City, CA 95991

District Attorney, Tehama  
County  
Post Office Box 519  
Red Bluff, CA 96080

District Attorney, Trinity  
County  
Post Office Box 310  
Weaverville, CA 96093

District Attorney, Tuolumne  
County  
423 N. Washington Street  
Sonora, CA 95370

District Attorney, Yuba  
County  
215 Fifth Street, Suite 152  
Marysville, CA 95901

Los Angeles City Attorney's  
Office  
City Hall East  
200 N. Main Street, Suite 800  
Los Angeles, CA 90012

## APPENDIX A

### OFFICE OF ENVIRONMENTAL HEALTH HAZARD ASSESSMENT CALIFORNIA ENVIRONMENTAL PROTECTION AGENCY

#### THE SAFE DRINKING WATER AND TOXIC ENFORCEMENT ACT OF 1986 (PROPOSITION 65): A SUMMARY

The following summary has been prepared by the California Office of Environmental Health Hazard Assessment (OEHHA), the lead agency for the implementation of the Safe Drinking Water and Toxic Enforcement Act of 1986 (commonly known as “Proposition 65”). A copy of this summary must be included as an attachment to any notice of violation served upon an alleged violator of the Act. The summary provides basic information about the provisions of the law, and is intended to serve only as a convenient source of general information. It is not intended to provide authoritative guidance on the meaning or application of the law. The reader is directed to the statute and OEHHA implementing regulations (see citations below) for further information.

FOR INFORMATION CONCERNING THE BASIS FOR THE ALLEGATIONS IN THE NOTICE RELATED TO YOUR BUSINESS, CONTACT THE PERSON IDENTIFIED ON THE NOTICE.

The text of Proposition 65 (Health and Safety Code Sections 25249.5 through 25249.13) is available online at: <http://oehha.ca.gov/prop65/law/P65law72003.html>. Regulations that provide more specific guidance on compliance, and that specify procedures to be followed by the State in carrying out certain aspects of the law, are found in Title 27 of the California Code of Regulations, sections 25102 through 27001.<sup>1</sup> These implementing regulations are available online at: <http://oehha.ca.gov/prop65/law/P65Regs.html>.

#### *WHAT DOES PROPOSITION 65 REQUIRE?*

***The “Proposition 65 List.”*** Under Proposition 65, the lead agency (OEHHA) publishes a list of chemicals that are known to the State of California to cause cancer and/or reproductive toxicity. Chemicals are placed on the Proposition 65 list if they are known to cause cancer and/or birth defects or other reproductive harm, such as damage to

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<sup>1</sup> All further regulatory references are to sections of Title 27 of the California Code of Regulations unless otherwise indicated. The statute, regulations and relevant case law are available on the OEHHA website at: <http://www.oehha.ca.gov/prop65/law/index.html>.

female or male reproductive systems or to the developing fetus. This list must be updated at least once a year. The current Proposition 65 list of chemicals is available on the OEHHA website at: [http://www.oehha.ca.gov/prop65/prop65\\_list/Newlist.html](http://www.oehha.ca.gov/prop65/prop65_list/Newlist.html).

Only those chemicals that are on the list are regulated under Proposition 65. Businesses that produce, use, release or otherwise engage in activities involving listed chemicals must comply with the following:

***Clear and reasonable warnings.*** A business is required to warn a person before “knowingly and intentionally” exposing that person to a listed chemical unless an exemption applies. The warning given must be “clear and reasonable.” This means that the warning must: (1) clearly make known that the chemical involved is known to cause cancer, or birth defects or other reproductive harm; and (2) be given in such a way that it will effectively reach the person before he or she is exposed to that chemical. Some exposures are exempt from the warning requirement under certain circumstances discussed below.

***Prohibition from discharges into drinking water.*** A business must not knowingly discharge or release a listed chemical into water or onto land where it passes or probably will pass into a source of drinking water. Some discharges are exempt from this requirement under certain circumstances discussed below.

#### ***DOES PROPOSITION 65 PROVIDE ANY EXEMPTIONS?***

Yes. You should consult the current version of the statute and regulations (<http://www.oehha.ca.gov/prop65/law/index.html>) to determine all applicable exemptions, the most common of which are the following:

***Grace Period.*** Proposition 65 warning requirements do not apply until 12 months after the chemical has been listed. The Proposition 65 discharge prohibition does not apply to a discharge or release of a chemical that takes place less than 20 months after the listing of the chemical.

***Governmental agencies and public water utilities.*** All agencies of the federal, state or local government, as well as entities operating public water systems, are exempt.

***Businesses with nine or fewer employees.*** Neither the warning requirement nor the discharge prohibition applies to a business that employs a total of nine or fewer employees. This includes all employees, not just those present in California.

***Exposures that pose no significant risk of cancer.*** For chemicals that are listed under Proposition 65 as known to the State to cause cancer, a warning is not required if the business causing the exposure can demonstrate that the exposure occurs at a level that poses “no significant risk.” This means that the exposure is calculated to result in not more than one excess case of cancer in 100,000 individuals exposed over a 70-year lifetime. The Proposition 65 regulations identify specific “No Significant Risk Levels” (NSRLs) for many listed carcinogens. Exposures below these levels are exempt from the warning requirement. See OEHHA's website at: <http://www.oehha.ca.gov/prop65/getNSRLs.html> for a list of NSRLs, and Section 25701 *et seq.* of the regulations for information concerning how these levels are calculated.

***Exposures that will produce no observable reproductive effect at 1,000 times the level in question.*** For chemicals known to the State to cause reproductive toxicity, a warning is not required if the business causing the exposure can demonstrate that the exposure will produce no observable effect, even at 1,000 times the level in question. In other words, the level of exposure must be below the “no observable effect level” divided by 1,000. This number is known as the Maximum Allowable Dose Level (MADL). See OEHHA's website at: <http://www.oehha.ca.gov/prop65/getNSRLs.html> for a list of MADLs, and Section 25801 *et seq.* of the regulations for information concerning how these levels are calculated.

***Exposures to Naturally Occurring Chemicals in Food.*** Certain exposures to chemicals that naturally occur in foods (i.e., that do not result from any known human activity, including activity by someone other than the person causing the exposure) are exempt from the warning requirements of the law. If the chemical is a contaminant<sup>2</sup> it must be reduced to the lowest level feasible. Regulations explaining this exemption can be found in Section 25501.

***Discharges that do not result in a “significant amount” of the listed chemical entering any source of drinking water.*** The prohibition from discharges into drinking water does not apply if the discharger is able to demonstrate that a “significant amount” of the listed chemical has not, does not, or will not pass into or probably pass into a source of drinking water, and that the discharge complies with all other applicable laws, regulations, permits, requirements, or orders. A “significant amount” means any detectable amount, except an amount that would meet the “no significant risk” level for chemicals that cause cancer or that is 1,000 times below the “no observable effect” level for chemicals that cause reproductive toxicity, if an individual were exposed to that amount in drinking water.

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<sup>2</sup> See Section 25501(a)(4).

## *HOW IS PROPOSITION 65 ENFORCED?*

Enforcement is carried out through civil lawsuits. These lawsuits may be brought by the Attorney General, any district attorney, or certain city attorneys. Lawsuits may also be brought by private parties acting in the public interest, but only after providing notice of the alleged violation to the Attorney General, the appropriate district attorney and city attorney, and the business accused of the violation. The notice must provide adequate information to allow the recipient to assess the nature of the alleged violation. The notice must comply with the information and procedural requirements specified in Section 25903 of Title 27 and sections 3100-3103 of Title 11. A private party may not pursue an independent enforcement action under Proposition 65 if one of the governmental officials noted above initiates an enforcement action within sixty days of the notice.

A business found to be in violation of Proposition 65 is subject to civil penalties of up to \$2,500 per day for each violation. In addition, the business may be ordered by a court to stop committing the violation.

A private party may not file an enforcement action based on certain exposures if the alleged violator meets specific conditions. For the following types of exposures, the Act provides an opportunity for the business to correct the alleged violation:

- An exposure to alcoholic beverages that are consumed on the alleged violator's premises to the extent onsite consumption is permitted by law;
- An exposure to a Proposition 65 listed chemical in a food or beverage prepared and sold on the alleged violator's premises that is primarily intended for immediate consumption on- or off-premises. This only applies if the chemical was not intentionally added to the food, and was formed by cooking or similar preparation of food or beverage components necessary to render the food or beverage palatable or to avoid microbiological contamination;
- An exposure to environmental tobacco smoke caused by entry of persons (other than employees) on premises owned or operated by the alleged violator where smoking is permitted at any location on the premises;
- An exposure to listed chemicals in engine exhaust, to the extent the exposure occurs inside a facility owned or operated by the alleged violator and primarily intended for parking non-commercial vehicles.

If a private party alleges that a violation occurred based on one of the exposures described above, the private party must first provide the alleged violator a notice of special compliance procedure and proof of compliance form.

A copy of the notice of special compliance procedure and proof of compliance form is included in Appendix B and can be downloaded from OEHHA's website at:  
<http://oehha.ca.gov/prop65/law/p65law72003.html>.

*FOR FURTHER INFORMATION ABOUT THE LAW OR REGULATIONS...*

Contact the Office of Environmental Health Hazard Assessment's Proposition 65 Implementation Office at (916) 445-6900 or via e-mail at  
[P65Public.Comments@oehha.ca.gov](mailto:P65Public.Comments@oehha.ca.gov).

Revised: May 2017

NOTE: Authority cited: Section 25249.12, Health and Safety Code. Reference: Sections 25249.5, 25249.6, 25249.7, 25249.9, 25249.10 and 25249.11, Health and Safety Code.